

# Strengthen Our Sisters - Needs List



Items we need throughout the year in our 8 residential locations and for the hundreds of families we serve. Strengthen Our Sisters is a 501c3 tax-deductible nonprofit charity serving women and children fleeing domestic abuse.

- \* diapers (size 5) and pull-ups,
  - \* car booster seats,
  - \* toddler beds,
  - \* new pillows,
  - \* twin blankets, twin comforters,
  - \*\*\*cloth, pull-up diapers and inserts, newborn - size 6.
  - \* overnight bassinets,
  - \* good gas stoves,
  - \* good gas clothes dryers,
  - \* new zippered twin mattress encasements, zippered pillow encasements,
  - \* 5-point toddler car seats - less than 5 years old,
  - \* cribs - with all their hardware - not recalled & without drop-down sides,
  - front-loading washers, commercial energy-efficient washing machines,
  - recent microwaves, hard-wired telephones,
  - ice melt, door mats, bathroom rugs,
  - recycling bins, storage tote bins with lids,
  - semigloss paint,
  - twin beds, twin bed frames,
  - twin top / twin bottom metal bunk beds with all their hardware,
  - gas station gift cards, Home Depot gift cards,
  - good refrigerators, pots, pans, blenders, food storage containers,
  - 2011 GED books, literacy workbooks, 2011 date books, diaries, note books, reams of paper,
  - wash cloths, rolls of toilet paper, sanitary products,
  - full-size creme rinse/hair conditioner, full-size shampoo,
  - wind-up flashlights, battery clocks, wind-up radios,
  - shelving units, window flower boxes and supports,
  - energy-efficient air conditioners, outdoor table (not glass),
  - nebulizers, humidifiers, breast feeding supplies,
  - baby high-chairs, baby potties, baby bath trays, baby walkers,
  - new shower curtains & liners,
  - new socks and new underpants - women, girls, boys, and child sizes,
  - perfume-free detergent, peroxide, not antibacterial dish-washing liquid, Comet, scrubby sponges,
  - tall (not wide) dressers, wardrobes / armoires,
  - vacuum cleaners with bags, steam cleaning machines, cloth cleaning towels,
  - appliances for wheelchair-accessible kitchen and bathroom.
- Make a larger donation? We need insulation, intercom systems, generators, other improvements.  
We also always need volunteer skilled labor.

To donate any of the above, please contact 973.616.5301, [facilitiesb@yahoo.com](mailto:facilitiesb@yahoo.com)

For more information visit our website at: [www.strengthenoursisters.org](http://www.strengthenoursisters.org)

To donate clothing, please go to our distribution center at Treasures in West Milford, NJ, 973.728.2506.

**Thank you**

**World Peace Begins at Home - Pass it On.**